



# Parkinson's Disease Resources and Louisiana Parkinson's Disease Support Groups

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## Parkinson's Disease

### Resources for Patients, Families and Caregivers

#### National Parkinson's Educational Websites:

- **American Parkinson Disease Foundation (APDA)**  
[apdaparkinson.org](http://apdaparkinson.org)  
135 Parkinson Avenue, Staten Island, New York 10305
- **Parkinson Foundation**  
[www.parkinson.org](http://www.parkinson.org)  
**Miami Office:** 200 SE 1st Street, Suite 800, Miami, FL 33131  
**New York Office:** 1359 Broadway, Suite 1509, New York, NY 10018

#### **Parkinson's Foundation – Resources in your area**

- [In Your Area | Parkinson's Foundation](#)

#### **Davis Phinney Foundation for Parkinson's Disease**

- [Live Well with Parkinson's TODAY - Davis Phinney Foundation](#)
- Giroux, M. & Farris, S. (2019). Every Victory Counts: Essential Information and Inspiration for a Lifetime of Wellness with Parkinson's Disease (5<sup>th</sup> ed).

#### **National Institute of Neurological Disorders and Stroke**

- <https://www.ninds.nih.gov/Disorders/All-Disorders/Parkinsons-Disease-Information-Page>  
**NINDS - Neuroscience Center**  
6001 Executive Boulevard Suite 3309  
Bethesda, MD 20892- 9531

#### **Medline Plus**

- <https://medlineplus.gov/parkinsonsdisease.html>

**U.S. National Library of Medicine**  
8600 Rockville Pike  
Bethesda, MD 20894

#### Research Websites:

#### **ClinicalTrials.gov**

- <https://clinicaltrials.gov/search/open/condition=%22Parkinson+Disease%22>

#### **Fox Trial Finder**

- <https://foxtrialfinder.michaeljfox.org/?navid=ftf>

### **PubMed – Various publications related to Parkinson’s Disease and Research**

- [https://www.ncbi.nlm.nih.gov/pubmed?term=parkinson+disease\[majr\]+NOT+\(parkinson+disease/etiology\[majr\]+OR+parkinson+disease/genetics\[majr\]\)+AND+english\[la\]+AND+humans\[mh\]+AND+\(jsubsetk\[text\]+OR+jsubsetn\[text\]+OR+jsubsetaim\[text\]+OR+review\[pt\]+OR+guideline\[pt\]+OR+clinical+trial\[pt\]+OR+patient+education+handout\[pt\]\)+NOT+\(letter\[pt\]+OR+editorial\[pt\]+OR+case+reports\[pt\]+OR+comment\[pt\]\)+AND+%22last+1+Year%22\[edat\]&\\_ga=2.199318572.301783762.1573844792-355071398.1573611850](https://www.ncbi.nlm.nih.gov/pubmed?term=parkinson+disease[majr]+NOT+(parkinson+disease/etiology[majr]+OR+parkinson+disease/genetics[majr])+AND+english[la]+AND+humans[mh]+AND+(jsubsetk[text]+OR+jsubsetn[text]+OR+jsubsetaim[text]+OR+review[pt]+OR+guideline[pt]+OR+clinical+trial[pt]+OR+patient+education+handout[pt])+NOT+(letter[pt]+OR+editorial[pt]+OR+case+reports[pt]+OR+comment[pt])+AND+%22last+1+Year%22[edat]&_ga=2.199318572.301783762.1573844792-355071398.1573611850)

### **Helpful Websites for Caregivers:**

#### **Michael J. Fox Foundation for Parkinson's Research**

- <https://www.michaeljfox.org/news/care-partners>

#### **Caregiver Action Network**

- <https://caregiveraction.org/>

#### **Johns Hopkins Medicine Home**

- <https://www.hopkinsmedicine.org/health/conditions-and-diseases/parkinsons-disease/the-parkinsons-caregiver-7-ways-to-help-your-loved-one>

#### **Every Day Health**

- <https://www.everydayhealth.com/parkinsons-disease-psychosis/caregivers-talk-psychosis/>

### **Cognitive Changes:**

- <https://d2icp22po6iej.cloudfront.net/wp-content/uploads/2017/02/APDA1707-Supplement-Cognitive-Changes-D4V2.pdf>
- <https://www.parkinson.org/Understanding-Parkinsons/Symptoms/Non-Movement-Symptoms/Cognitive-Changes>

#### **Navigating Cognitive Changes in Parkinson’s Disease**

- [https://www.michaeljfox.org/sites/default/files/media/document/MJFF\\_cognition-guide\\_digital\\_9.16.19.pdf](https://www.michaeljfox.org/sites/default/files/media/document/MJFF_cognition-guide_digital_9.16.19.pdf)

#### **Initial cognitive changes in Parkinson’s disease**

- Weintraub, D., Tröster, A. I., Marras, C., & Stebbins, G. (2018). Initial cognitive changes in Parkinsons disease. *Movement Disorders*, 33(4), 511–519. doi: 10.1002/mds.27330  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5920539/pdf/nihms934555.pdf>

### **Social Changes:**

#### **Dancing through Parkinson**

- <https://www.dancingthroughparkinson.com/the-social-implications-of-parkinsons-disease/>

#### **Depression**

- <https://www.parkinson.org/Understanding-Parkinsons/Symptoms/Non-Movement-Symptoms/Depression>

#### **6 Ways Parkinson's Affects Seniors Socially**

- <https://www.homecareassistancerichardson.com/social-factors-of-parkinsons/>

### **Physical Changes:**

#### **Speech & Swallowing**

- <https://www.parkinson.org/Understanding-Parkinsons/Symptoms/Non-Movement-Symptoms/Speech-and-Swallowing-Problems>

#### **Skin**

- <https://www.parkinson.org/Understanding-Parkinsons/Symptoms/Non-Movement-Symptoms/Skin-Changes>

#### **Medication Resources**

- [How Duopa May Help | DUOPA™ \(carbidopa/levodopa\)](#)

# Louisiana Parkinson's Disease Support Groups

<p><b><u>Alexandria</u></b>          Meetings: 3rd Thursday @ 11am          CHRISTUS St. Francis Cabrini          Mediplex          3330 Masonic Drive          Alexandria, LA 71301          Contact: Becky B Watkins,          M.P.S., FTW-318-448-6938          C-318-730-6780  <a href="mailto:Becky.watkins@christushealth.org">Becky.watkins@christushealth.org</a></p>	<p><b><u>Houma/Thibodeaux</u></b>          Terrebonne General Medical Center Parkinson's          Group Meetings: Dates vary depending on guest          speaker          Terrebonne General Medical          Center          8166 Main Street, Houma, LA          Please contact Penny Brooks 985-850-6043 or  <a href="mailto:penny.brooks@tgmc.com">penny.brooks@tgmc.com</a> to have your name          placed on the mailing list.</p>
<p><b><u>Baton Rouge (1)</u></b>          Meetings: 3rd Thursday at 1pm –          Bluebonnet Library          Contact: Sally Palmer - 225-773-7892          or 225-756-2645 <a href="mailto:gregorypalmer@cox.net">gregorypalmer@cox.net</a>          Sharilyn Livingston 225-933-0542  <a href="mailto:lsuladytiger@gmail.com">lsuladytiger@gmail.com</a></p>	<p><b><u>Baton Rouge (2) - Movers &amp; Shakers</u></b>          Meetings: 4th Saturday @ 10am          St. Paul's Lutheran Church,          2021 Tara Blvd          Contact: Bernard Colley – 225-349-6146  <a href="mailto:bg.rose@cox.net">bg.rose@cox.net</a></p>
<p><b><u>Lafayette - PEPP Group Meetings</u></b>          3rd Monday @ 6pm          Our Lady of Lourdes Hospital          4804 Ambassador Caffery Pkwy          Contact: Patrice Williams 985-397-3648  <a href="mailto:patrice@dugasoil.com">patrice@dugasoil.com</a></p>	<p><b><u>Lake Charles</u></b>          Meetings: 3rd Thursday @ 1pm (Every three          months)  <a href="http://eljayfd.org">http://eljayfd.org</a>          Humana Market Place          3625 Nelson Rd Suite B. Lake Charles, LA          70605          Contact: Peggy Woodson. - 337-564-4044  <a href="mailto:fiftynuff@yahoo.com">fiftynuff@yahoo.com</a></p>
<p><b><u>Covington/ Mandeville</u></b>          Meetings: 1<sup>st</sup> Friday @ 1pm          St. Anthony's Gardens          601 Holy Trinity Drive, Covington          Contact: Jackie Graham/ Susan and Jay Faust-          985-626-1916  <a href="mailto:Facilities76@yahoo.com">Facilities76@yahoo.com</a></p>	<p><b><u>Hammond</u></b>          Meetings: 1st Monday @ 6:00pm          The E. Brent Dufreche Conference Center          Diagnostic Bldg on the campus of North Oaks          Medical Center          15837 Paul Vega MD Drive          Contacts: Mickey Roye 985-974-3080  <a href="mailto:Mickey.roye@gmail.com">Mickey.roye@gmail.com</a></p>
<p><b><u>Metairie (1)-Big Easy Fleur De Lis</u></b>          Meetings: Last Monday @ 1pm          East Jefferson General Hospital-Esplanade          Room 1          Website: <a href="http://www.bigeasyfleurdelis.org">www.bigeasyfleurdelis.org</a>          Contact: Bonnie Huddleston 504-905-6355  <a href="mailto:Bonhudd4417@gmail.com">Bonhudd4417@gmail.com</a></p>	<p><b><u>Metairie/River Ridge (2) Parkinson's Circle of Friends</u></b>          Meetings: 2nd Tuesday @ 6:15pm          St. Francis Villa Assisted Living –3rd Floor          10411 Jefferson Hwy. River Ridge, LA          Contacts: Susan Sapir-Fields 504-432-0006  <a href="mailto:ssapir985@yahoo.com">ssapir985@yahoo.com</a>          Michelle Lane 504-952-6659  <a href="mailto:michlane23@gmail.com">michlane23@gmail.com</a></p>

Please Note: Due to unforeseen circumstances, meeting dates and venue locations may change. Please contact the group leader before attending a meeting for the first time to verify date, time, and location.  
 Last Updated February 7, 2020

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<p><b><u>Monroe</u></b>          The Jim Altick Parkinson's Support Group          Meetings: 2nd Wednesday @ 12pm light lunch          1pm presenter/ program          St. Alban's Episcopal Church          2816 Deborah Dr. - Monroe, LA          Contacts: Cynthia Montcalm, LPC, LMFT          318-348-1296  <a href="mailto:cynthiamontcalm@gmail.com">cynthiamontcalm@gmail.com</a></p>	<p><b><u>Morgan City</u></b>          Meetings: 2nd or 3rd Tuesday every 3 months          (4 support groups a year)          Bayou Vista Branch Library          1325 Bellview Street Morgan City, LA 70380          Contact: Mary Ann Adams 985-395-9949  <a href="mailto:Madams1104@yahoo.com">Madams1104@yahoo.com</a></p>
<p><b><u>New Orleans</u></b>          Meetings: 3rd Monday @ 3pm          Touro Infirmary – Meeting Room Varies          Contact: Stephanie Gioe, Frannie Bienvenue or          Keith Randazzo @ 504-897-8135</p>	<p><b><u>Ruston</u></b>          Community Trust Bank-Community Room          Meetings: 10am every 6 weeks          115 Trenton St. Ruston, LA          Contacts: Bill Attebery: 318-255-2805</p>
<p><b><u>Shreveport</u></b>          Meetings: 2nd Friday @ 1pm          Willis-Knighton Eye Institute Auditorium          2611 Greenwood Road – Shreveport, LA          Contact: TBD</p>	<p><b><u>Louisiana Parkinson's Caregiver Support Group</u></b>  <i>*Note* These support groups are to support the caregiver of a loved one with Parkinson's Disease.</i></p>
<p><b><u>Lake Charles (Caregivers Only)</u></b>          Meetings: 3rd Thursday @ 1pm (Every three months)          *Caregivers meet in separate room from person with Parkinson's)* <a href="http://eljayfd.org">http://eljayfd.org</a>          Humana Market Place          3625 Nelson Rd Suite B. Lake Charles, LA 70605          Contact: Peggy Woodson. - 337-564-4044  <a href="mailto:fiftyuff@yahoo.com">fiftyuff@yahoo.com</a></p>	<p><b><u>Metairie(1) – Home Care Solutions (Caregivers Only)</u></b>          Meetings: every 1st Wednesday of the month          Home Care Solutions Conference Room          3421 N. Causeway Blvd. Ste. 502          Contacts: Cathy Putee, LCSW, CMC          504-828-0900  <a href="mailto:info@homeCareNewOrleans.com">info@homeCareNewOrleans.com</a></p>
<p><b><u>Metairie (2)- (Caregivers Only)</u></b>          Meetings: Last Thursday of every month          St. Francis Villa Assisted Living          10411 Jefferson Highway River Ridge, LA 70123          Contacts: Shannon Reale' 504-738-1060  <a href="mailto:sreale@stfrancisvilla.com">sreale@stfrancisvilla.com</a></p>	

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